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SOS

610 N. Silver St

Silver City, NM 88061

575-956-6131

575-956-6947

Medicaid ID: YIF915103969

Use Note Creation Time

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Set Date/Time

7/27/2023

3:35 PM

Armendariz Barela, Eva

ID: 1000010729151 DOB: 6/19/1972

Group Therapy Note (SOS)

Time spent face to face with patient and/or family and coordination of care: 180 min

Session start: 12:00 PM

Session end: 3:00 PM

Session Remarks:

Therapy Type:

Guided Imagery

Motivational Interviewing

Cognitive Behavioral Therapy

The intention of the group is to teach life skills and reduce symptoms of anxiety and depression.

Group Type:

Activity Therapy: Activity Therapy includes a variety of activities designed to help the group members learn more about themselves, problem solve, express feelings in appropriate ways, reduce stress and improve relationships with others. They may participate in art, music, exercise, sports, games and other activities.

Present Today:

Present at today's session were the following:

Fifteen members of the group were present today.

Group facilitated by Candice Owens, CCSS and co facilitated by Lawren Davenport, CPSW/CCSS.

Group Leader Interventions:

Therapist assigned a directed art or activity project toward a goal of improving reality testing.

Assigned worksheet/activity with topic of reality testing.

Encouraged exploration

Extrapolated to Life

Involved all Group

Encouraged Role Playing

Plan:

Continue Skill Development

Encourage increased participation.

Continue group.

Individual Remarks:

Appearance and Behavior:

In today's session Eva appeared flat, uncommunicative, and relaxed.

Participation:

Service Location

Turn

Audit Log

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7/30/23, 5:31 PM